



Let's learn about  
COVID-19



Don't play outside!  
Wash your hands and use  
hand sanitizer! Avoid the  
three Cs!



Why do they say so?



I know that's because of COVID-19,  
but what is COVID-19, anyway?





What is COVID-19?

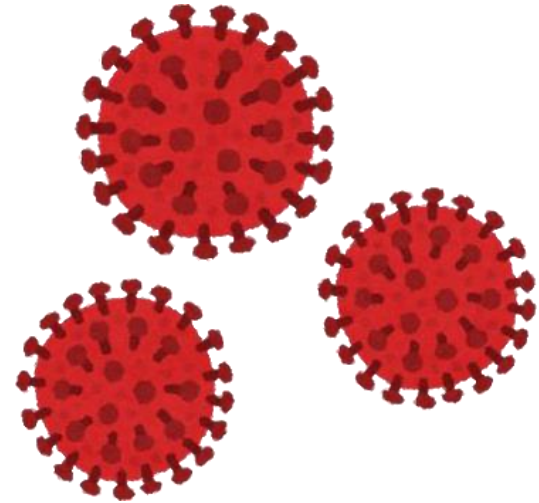


# What is a virus?

A virus is so small you can't see it with your eyes.

It sticks to and enters cells, such as mucosal membranes, to replicate. In this way, it enters human bodies and animals, making them sick.

COVID-19 is a virus.



# How do viruses enter your body?

(1) Droplet transmission:  
Viruses enter your body  
with other people's  
coughs and sneezes



(2) Contact transmission:  
Viruses enter your body  
when you touch  
something contaminated  
with a virus



# Symptoms that appear when COVID-19 has entered your body

(1) Children:

Minor symptoms similar to those you have when you catch a cold



Children don't get severely ill!

# Symptoms that appear when COVID-19 has entered your body

(2) The elderly and those who have underlying medical conditions:

They are likely to get severely ill and may die.



It's very scary.





# Prevention measures against COVID-19!!



- Measures everyone can take -

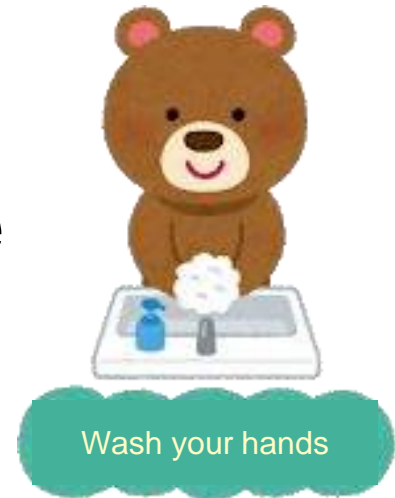
# Measure (1)

## Wash your hands and use hand sanitizer

By washing and sanitizing your hands, you can reduce the viruses on your hands!!

Wash your hands:

- (1) when you come back home
- (2) before school lunch
- (3) after using the toilet



# Measure (2)

## Observe coughing manners

Droplet transmission:

An infection transmitted to an individual when they inhale, through their mouth or nose, a virus discharged from an infected individual's body in the forms of coughs, sneezes or saliva

To prevent droplet transmission, observe three coughing manners!

# Measure (2)

## Observe coughing manners

- (1) Wear a mask
- (2) If you don't have a mask, cover your mouth and nose with a tissue or handkerchief
- (3) If you don't have a mask, cough or sneeze, covering your mouth and nose with your elbow

Observe the coughing manners



# Measure (3)

## Build a healthy body

You can prevent COVID-19 by maintaining an orderly life to boost your immunity!

Try to go to bed early, get up early and have breakfast!



**Maintain an orderly life**



# Measure (4)

## Take your temperature everyday

Most children seem not to notice when they are infected with COVID-19.

Take your temperature so you don't spread the disease to people around you!



# Measure (5)

## Avoid the three Cs

Have you heard about the three Cs?

The three Cs refers to

**Closed spaces, Crowded places  
and Close-contact settings.**

Don't allow the three Cs  
to occur at the same time!

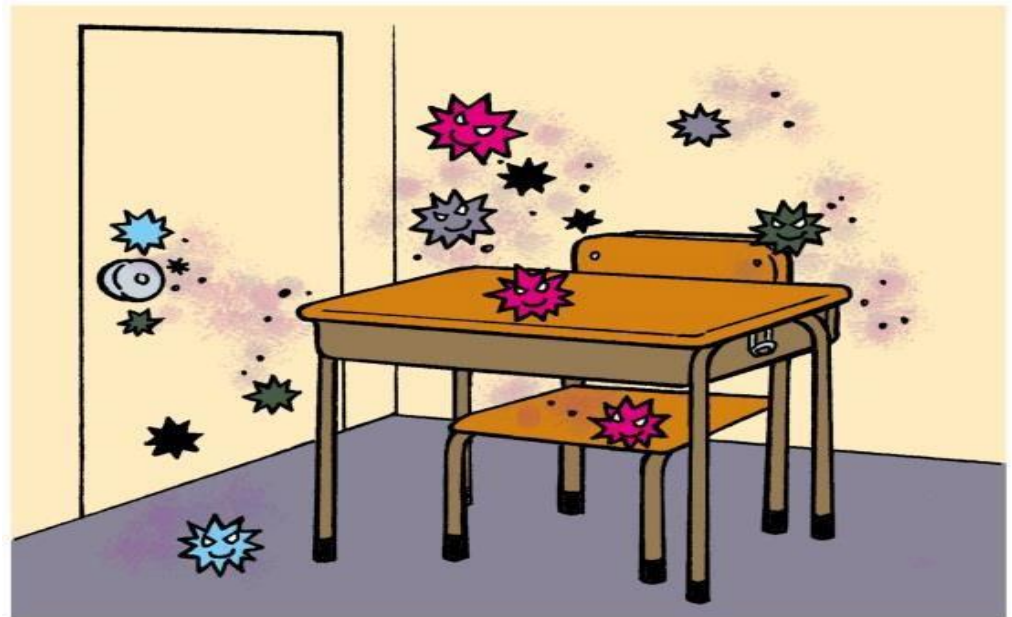
# Measure (5)

## Avoid the three Cs

☆ Closed spaces:

Closed spaces with poor ventilation  
(Places without air ventilation)

A closed  
classroom  
contains  
lots of virus  
particles...





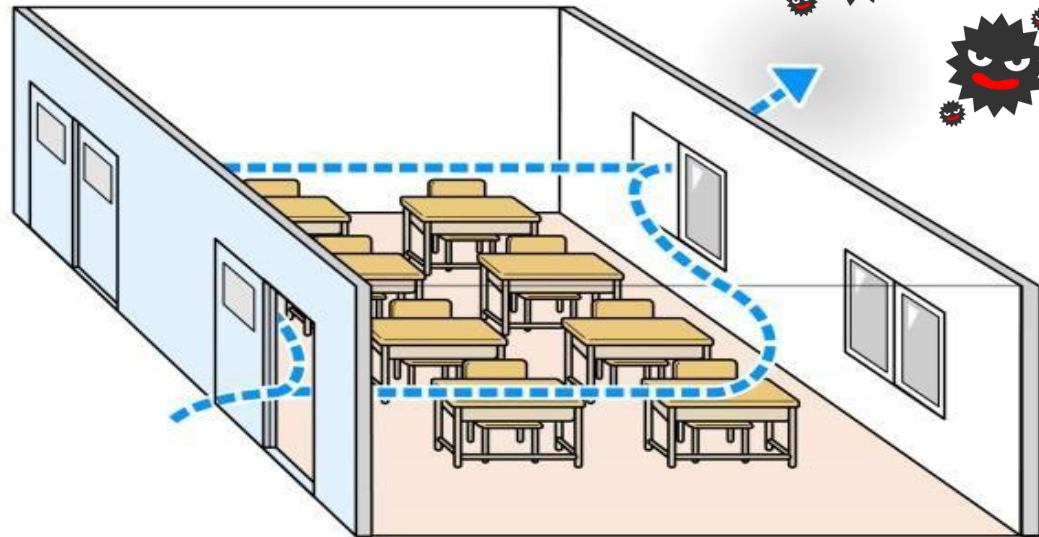
# Measure (5)

## Avoid the three Cs

Not to create a closed space,  
ventilate the room frequently!

(open the windows)

Opening both  
windows and  
doors is more  
effective!



# Measure (5)

## Avoid the three Cs

### ☆Crowded places:

Places where there are lots of people in a small space.

There are lots of viruses in such places; you are likely to get infected.

To avoid crowded places, don't go to places where there are lots of people!



# Measure (5)

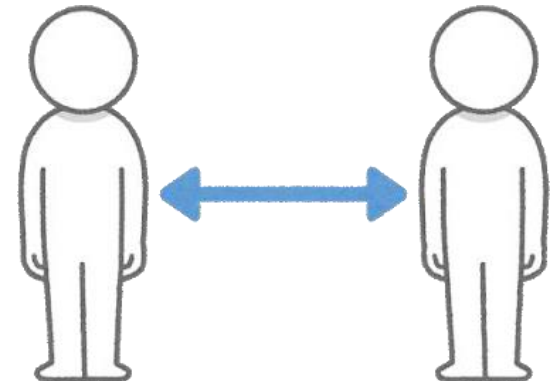
## Avoid the three Cs

### ☆ Close-contact settings:

Settings where people are in close contact with each other.

Conversation at a close distance increases the risk of droplet transmission!

To avoid close contact, do not talk to people at a close distance!



# Measure (6)

## Protect your mental health

What will you do if your friends get sick or infected with COVID-19?

You must not discriminate against your friends who are infected with COVID-19.

We must help each other!



# Summary

Now you know more about  
COVID-19.

Let's do what we can do to fight  
against it!